

# Welcome to ISEP

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## ISEP Contact Information

[isepinfo@bcit.ca](mailto:isepinfo@bcit.ca)

[commons.bcit.ca/isep](https://commons.bcit.ca/isep)

## Message from the ISEP Program Head

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*Welcome to ISEP and BCIT! I am excited to welcome all our new students and begin another term. As a new student this can be a busy time with lots of questions. Our instructors and staff are here to support you and get you ready to enter your program at BCIT. If you have any questions, please let us know and we will do our best to answer them. I look forward to meeting all of you and hearing about your plans at BCIT! Have a great term!*

- Steve Lobo, ISEP Program Head

## ISEP Staff

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**Steve Lobo**, Program Head

[slobo1@bcit.ca](mailto:slobo1@bcit.ca)

- Grades, academic questions and concerns, referrals to support services

**Krystal Seko**, Curriculum Program Head

- Curriculum and course materials

**Alisa Lokshin**, Program Coordinator

- Class schedules and registration, appointments with Program Head

## International Student Centre (ISC)

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The ISC can help with any questions related to being an international student at BCIT.

- Study permits
- Visa issues
- Medical insurance
- Follow-up programs
- Letters of verification
- Tuition payment

### MEDICAL COVERAGE AND STUDY PERMITS

All students require medical insurance while studying at BCIT (MSP, Guard.me or other private insurance). After 3 months of living in British Columbia, students are eligible for the Medical Services Plan (MSP) and should apply for it.

If you renew your **study permit**, please email it to the International Student Centre at [isep.support@bcit.ca](mailto:isep.support@bcit.ca).

## myBCIT

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ISEP staff use [myBCIT](#) to communicate important program-related information to students.

Students must update their contact information (phone number and address) and emergency contact on myBCIT.

How to use myBCIT:

- [Update your contact information](#)
- [Check your grades](#)
- [Forward your myBCIT email to your personal email](#)

## BCIT Student Support Services

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### WRITING CENTRE

[bcit.ca/learning-commons/the-writing-centre](http://bcit.ca/learning-commons/the-writing-centre)

Get online help with your writing homework from a peer tutor.

### BCIT STUDENT ASSOCIATION (BCITSA)

[bcitsa.ca](http://bcitsa.ca)

The BCITSA is a non-profit organization managed by elected students. It is separate from BCIT and provides services for students, including advocacy, health and wellness, and career services.

### COUNSELLING AND STUDENT DEVELOPMENT

[bcit.ca/counselling](http://bcit.ca/counselling)

Students come to BCIT Counselling to get support with anxiety, depression, relationships, stress reduction, and academic progress/pressures.

To schedule a FREE and CONFIDENTIAL counselling appointment, or to receive instructions about how to connect with your counsellor, call 604-432-8608 or visit the BCIT Counselling [website](#).

### PROGRAM ADVISING

[bcit.ca/advising](http://bcit.ca/advising)

Program advising can assist with:

- Program selection
- Follow-up program entrance requirements
- Applying to a competitive program

Please visit their [website](#) for appointment schedules and contact information.